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NEW HORIZON OF PHYSICAL EDUCATION IN 21st CENTURY

100 Weeks Virtual Lecture Series
ORGANIZED BY
Department of Physical Education
Seva Bharati Mahavidyalaya
Kapgari, Jhargram
IN ASSOCIATION WITH
Physical Education Foundation of India
National Sports Promotion Organization
Recognised by the Ministry of Youth Affairs & Sports
Government of India

Lecture								Guest Of Honour	
SI. No.	Date	Title/Topic	Speaker Name and Designation	Speaker Photo	Special Guest Name and Designation	Guest Photo	Guest Of Honour	Photo	Youtube Link
1	30/03/2023	A Professional Journey Of Physical Education Towards 21st Century	Prof. Aloke Kumar Banerjee Former Vice Chancellor, University of Kalyani, W.B		Dr. Plyush Jain, Secretary, PEFI		Mr. Jhulan Kr. Mahanty President, Governing Body, Seva Bharati Mahavidyalaya, Kapgari, Jhargram W.B		https://youtu.be/27KV-2uYSNs
2	06-04-2023	Concept of Education And It's Relation With Physical Education	Prof. Parimal Debnath Former Professor Jadavpur University		Dr. Ajay Kumar Bansal Dronacharya Awardee, Hockey, 2010				https://youtu.be/QmYZDYdx5DM
3	13/04/2023	Teaching Models in Physical Education	Prof. Dr. Sudarsan Bhowmick Former Professor Department of Physical Education, University of Kalyani & Former Visiting Prof. Department of Physical Education & Sports Science, Jashore University of Science & Technology, Bangladesh		Dr. Kalyan Chaudhuri Dy Chief National Athletic Coach (sr). Also Chief National Athletic Coach for Youth Indian Athletics team				https://youtu.be/oZZLpk\$28Ko
4	20/04/2023	Perspectives of Health Education	Prof. (Dr.) Ashim Kumar Bose Former Principal, Post Graduate Government Institute for Physical Education, Banipur, West Bengal & Former Prof. IGFI University, Tripura		Biswajit Palit Arjuna Awardee 1998, Asian Games 1994 Hiroshima gold, 1998 Asian Games Bangkok gold, Former India Captain, President, Kreeda Bharati, West Bengal				https://youtu.be/6HsIPSA9uI8
5	27/04/2023	Fitness And Wellness	Prof. (Dr.) Sagarika Bandyopadhyay Retd. Professor Department of Physical Education & Sport Science, & Former Dean, Visva-Bharati, Santiniketan, India		Yashpal Solanki Arjun Awardee (Judo) High Performance Director, Sports Authority of India	hots			https://youtu.be/6HsiPSA9ui8
6	04-05-2023	Psychological Implications in Physical Education & Sports	Dr. Dilip Kumar Bandopadhyay Former Associate Professor Department of Physical Education University of Kalyani		Maha Singh Rao Dronacharya Awardee (2005) & Chief Coach, Wrestling, Sports Authority of India	0-			https://youtu.be/2p7A5EHYZ7Q
7	11-05-2023	Value of Physiology In Physical Education And Sports	Prof. Asis Goswami Former Professor, Department of Sports Science and Yoga & Former UNESCO Chairholder & Dean, Ramakrishna Mission Vivekananda Educational and Research Institute & Former Exercise Physiologist, Sports Authority of India.		Shakuntala Pandhrinath Khatavkar Arjun Awardee (1979) (The First lady to receive this award in India for the game of Kabaddi.)				https://youtu.be/gcqmXBtiV-8
8	18-05-2023	An Introduction To Somatotyping	Prof. Brajanath Kundu Retd. Professor Dept. of Physical Education And Sports Science Visva Bharati Shantiniketan		Sri Sanjay Bhardwaj Dronacharya Awardee Coach, Cricket				https://youtu.be/ML_8eslZwgw
9	25-05-2023	Role Of Physical Science And Technology In Sports And Physical Education	Dr. Pratip Kumar Chaudhuri Formerly, Prof. of Physics. WBSES DPI, Govt. of WB. Member Secy, WBSCHE.		Sri Bhanu Sachdeva Arjuna Awardee (1999) Swimming				https://youtu.be/8qWFZ2Ca7W0
10	01-06-2023	Statistics In Physical Education	Prof. (Dr.) Madhab Chandra Ghosh Retired Professor Department of Physical Education & Former Dean Student Welfare, University of Kalyani Kalyani, WB		Prof. Amiya Kumar Panda Vice- Chancellor Sadhu Ramchand Murmu University of Jhargram, Jhargram				https://youtu.be/nsHy4qgDxas
11	06-08-2023	Sports Culture And Talent Identification	LT. GEN. (Dr.) J.S. CHEEMA (Retired) (PVSM, AVSM, VSM) & Honble Vice Chancellor, Maharaja Bhupinder Singh Punjab Sports University, Patiala, Punjab, India.						https://youtu.be/jxFddSi6D0c
12	15-06-2023	Introduction of Combined Events for Talent Identification in Athletics	Dr. Kuntal Roy (Former Chief Coach, Athletics, Indian National Team & Sports Authority of India)						https://youtu.be/anuDG4fuaGg
13	22-06-2023	Science Of Exercise : Ancient Indian Origin	Prof. Samiran Mondal (Prof, Dept. Of Physical Education and Sport Science, Visva Bharati)						https://youtu.be/CqlPNwr-n70
14	29-06-2023	Modern Trends Of Adapted Physical Education for Improving Quality of Life Among Person With a Disability	Prof. Dr. Kanchan Bandopadhyay (Former Professor, Department of Physical Education, University of Kalyani, Kalyani, WB, India)						https://youtu.be/phvTY1FghHc
15	06-07-2023	Realising Inclusivity : Exploring the Efforts	Dr. Papiya Upadhyay (Assistant Professor, School of Education, Netaji Subhas Open University, Kolkata, WB	(3)					https://youtu.be/FOddc1siD80

16	13-07-2023	Youth Motivation And Sports	Dr. Chandana Chakraborty (Associate Prof. & Former Officer In Charge, PGGIPE, Banipur & Former International Gymnast)		https://youtu.be/j5XnE0FVTAc
17	20-07-2023	Modern Carries Aspects of Physical Education	Dr. Subhabrata Kar (Associate Prof. Dept. Of Physical Education Union Christian Training College, Berhampore, Murshidabad,WB)		https://youtu.be/arwSAduPw7s
18	27-07-2023	Physical Education and Sports in Terms of Value Education and Views of Physical Education Teachers	Prof. Bishnupada Nanda (Prof. and Former Head, Dept. Of Education, Jadavpur University, Kolkata, India)		https://youtu.be/2-PMrgXF-1g
19	03-08-2023	Sports Management : Past and Present	Dr. Asish Paul (Associate Professor & Head , Dept. Of Physical Education, Jadavpur University, Kolkata, India)		https://youtu.be/QuXakJaHLf4
20	10-08-2023	Traditional Concept Of Yoga	Dr. Kishore Mukhopadhayay (Associate Professor & Head , Dept. Of Physical Education Union Christian Training College, Berhampore, Murshidabad,WB.India)		https://youtu.be/irVxTipxF1s
21	17-08-2023	Motivation in Storting Behaviour	Prof. Samirranjan Adhikari (Dept. Of Education, Sidho-Kanho- Birsha University, Purulia, WB, India)		https://youtu.be/V_JE3652vc4
22	24-08-2023	Co-curricular Activities in Holistic Development of Children	Dr. Saikot Chatterjee (H.O.D. & Associate Professor Dept. Of Physical Education, University Of Kalyani, WB, India)		https://youtu.be/Pq4IStAN4kw
23	31-08-2023	What is Sports Medicine? What is the Present Scenario of Application Sports Medicine in Our Country	Dr. Shanti Ranjan Dasgupta (Senior Orthopedic, Surgeon & Sports Medicine Specialist & Visiting Professor, Ramkrishna Mission Vivekananda Educational And Research Institute, Belur Math, WB, India)		https://youtu.be/Umde0XsF6IQ
24	07-09-2023	Yoga and The Healthy Mind in a Healthy Body	Dr. Sanjib Kumar Bhowmik Assistant Professor, Dept. Of Physical Education, Tripura University (A Central University)		https://youtu.be/JMqG5LYQb0g
25	14-09-2023	Evaluation on Gymnastic Performance	Dr. Gora Chand Mallik Retd. Associate Prof. Former Officer In Charge GPECW, Hooghly, WB, India		https://youtu.be/nqj4fn-7IU4
26	21-09-2023	The Status and Nature of Current Education and Youth Society	Prof. Dr. Hiralal Adhikari Retd. Professor, Department of Physical Education, University Of Burdwan & Resource Person, Dept. Of Sports Science, Sidho Kanho Birsha University, Purulia, WB		https://youtu.be/sLFvdGM7wZg
27	28-09-2023	Fit India And Systemic Mass Training In Athletics	Dr. Kalyan Chaudhuri Deputy Chief Athletics National Coach, Indian Athletics And Chief Coach, Youth India And Former In Charge Academic & Athletics, SAI Kolkata		https://youtu.be/3SYZLa49-dw
28	05-10-2023	Physical Education In Indo-Bangla Context	Dr. Shaybal Chanda Associate Professor Dept. Of Physical Education & Sports Science Jashore University Of Science And Technology, Bangladesh		https://youtu.be/IT2MMKeZKfc
29	12-10-2023	Why Working Out Too Much Can Be Fatal The Alarming Bell	Prof. Rahul Dev Choudhury Assistant Professor, Regional College of Physical Education, Tripura.Specilization: Exercise Physiology		https://youtu.be/ELYhIDFc4go
30	19-10-2023	Physical Education : A Profession	Dr. Pramod Kumar Das Assistant Professor, Dept. Of Health Education, Lakshmibai National Institute Of Physical Education, Gwalior (MP)		https://youtu.be/_DYkZeSOJOk
31	26-10-2023	Basic Concept of Research	Prof. (Dr.) Rajeev Choudhary, Professor of Physical Education, Pt. Ravishankar Shukla University, Rajpur, Chhattisgarh, India. Best Teacher Educator-2019 Awardee, from NCTE.		https://youtu.be/cUMVOVFaqIk
32	02-11-2023	Yoga as a Way of Life	Prof. (Dr.) Tarak Nath Pramanik (Professor of India Gandhi Institute of Physical Education & Sports Science, University of Delhi, Vikaspuri, New Delhi, India)		https://youtu.be/UQRyl9Xtr1U
33	09-11-2023	Emerging Rules of Officiating in Athletics	Lieutanant Dr. T. Onima Reddy Professor, Department of Physical Education, Banaras Hindu University		https://youtu.be/aiR27ERwNkY
34	16-11-2023	Issues and Challenges in Physical Educationand Sports	Prof.(Dr.) Shakti Ranjan Mishra Department of Physical Education and sports Science, Panskura Banamali College (Autonomous College), Vidyasagar University, W,B		https://youtu.be/8nq6za9r26s

35	23-11-2023	Lesson Plan for Physical Education	Dr. Mahesh S Khetmalis Associate Profesor, Department of Physical Education and Sports Science & Vice Principal, Vinaya Bhawan , Visva Bharati, Santiniketan					https://youtu.be/LnnzNyRSWx0
36	30-11-2023	Tackling Injured Sports Person	Dr. Nitish Ranjan Chowdhury MBBS(Cal), Dip. Sports Medicine (JU), Master of Sports Medicine (UNSW, Australia) Sports Medicine Consultant, FIFA- AFC Medical Officer, BWF Tournament Doctor					https://youtu.be/157_rZC_SsM
37	07-12-2023	Remedies in context to the University Sports in India	Dr. Sudarsan Biswas Asso. Prof. of Physical Education &					https://youtu.be/QF7D7a9o_sM
38	14-12-2023	Fundamental of Kho-Kho	Dr. Tanmoy Saha Physical Instructor, University of Kalyani, National Coach & Former International Player, West Bengal, India		Sri Kamalesh Chatterjee President, West Bengal Kho Kho Association	Sal		https://youtu.be/fYaMt62ed40
39	21-12-2023	Research and Statistics	Dr. Pallob Kumar Mondal Assistant Professor, State Institute of Physical Education for Women, Hastings House, Alipore, Kol-27					https://youtu.be/wizFinh_NNI
40	28-12-2023	Training Load, Adaptation and Harmfull Consequences of Overload	Prof. (Dr.) Arun Kumar Uppal Former Vice Chancellor, Jiwaji University, Gwalior, Madhya Pradesh, India & Chairman, Physical Education Foundation of India (PEFI)					https://youtu.be/YxJEPBbySCQ
41	04-01-2024	Esports: The Neophyte on the Block	Dr. Arijit Putatunda Student Activity and Sports Officer (Gr. A) National Institute of Technology Patna, Institute of National Importance, Ministry of Education (Govt. of India)					https://youtu.be/XngDmyijMTU
42	11-01-2024	Important Biochemical Test in Sports	Dr. Anirban Misra HOD. Department of Physical Education, Union Christan Training College, Murshidabad, Berhampore, West Bengal, India					https://youtu.be/wTuoHXe88Fs
43	18-01-2024	The Science of Sports Recovery and Coaching Practices : Key for the High Performance Sports	Mr. Subarata Dey Sports Scientist, High Performance Analyst (Physiology), Department of Exercise Physiology, Sports Authority of India, National Centre of Excellence, North East Reginal Centre, Imphal- 795001, Manipur, India					
44	25-01-2024	Sports Medicine Support to Attain a Better Health Security Nationally.	Dr. Subrata Malkick Former- Sport Medicine Department Doctor, Sports Authority of India					https://youtu.be/6Lj43N0A2_I
45	01-02-2024	Mental Toughness & Psychological Skill Training for High Sports Performance	Prof. (Dr.) Subir Debnath HOD & Professor of Practice (Sports), IIT, Jodhpur, India & Trainer of Ms. Avani Lekhara (Paralympic Gold Medalist), Major Dhyan Chand Khel Ratna & Padmashree Awardee					https://youtu.be/kaXVAoSXq8s
46	08-02-2024	Periodization Strategies for Optimal Athletic Development	Dr. Rajarshi Kar Assistant Professor, State Institute of Physical Education for Women, Hastings House, Kolkata, W. B.					https://youtu.be/s_WAcQQ74c0
47	15-02-2024	Innovative Coaching Pedagogy for Olympic Preparation	Dr. Pulen Das Assistant Professor, Lakshmibai National Institute of Physical Education, North East Regional Center, Ministry of Youth Affairs and Sports, Goverment of India					https://youtu.be/59MKceclpwo
48	22-02-2024	Psychology of Physical Activity	Dr. Saon Sanyal Bhowmik Assistant Professor, Lakshmibal National Institute of Physical Education, North East Regional Center, Ministry of Youth Affairs and Sports, Goverment of India					https://youtu.be/YeUZIh9TUkg
49	29-02-2024	A Journney Through Stress And Solution	Dr. Gopa Saha Roy Associate Professor, Department of Physical Education, The University of Burdwan, Burdwan, West Bengal, India	3				https://youtu.be/JJs_oftk2qA
50	03-08-2024	Role of Fit India Movement in 2047 Viksit Bharat	Prof. (Dr.) Arjunsinh Rana Vice Chancellor, Swarnim Gujrat Sports University, Gandhinagar & Nodal Officer / Brand Ambassador of FIT INDIA MOVEMENT, Gujrat, Bharat		Mr. Prasad Mahankar Ji Sanghatan Mantri, Kreeda Bharati, Bharat			https://youtu.be/MmML9ZLAY0c
51	14/03/2024	Current Trends in Grass Root Athletic Development	Dr. Nilima Deshpande SeniorAthletics Coach, NSNIS, Patiala, India Honorary Professor, Sri Sri University, Cuttack, Odisha		Dr. Piyush Jain, Secretary, PEFI			https://youtu.be/i20Upzv2O5I

52	21/03/2024	Circadian Rhythm and Athletic Performance an Emerging Area for Sports Science Research	Dr. Arijit Chakraborty (Postdoc., FPSI) Assistant Professor, Department of Sports Physicology & Nutrition, National Sports University (A Central University, Ministry of youth Affairs and Sports, Government of India), Imphal, Manipur, 795001	00	Prof. (Dr.) Arun Kumar Uppal Former Vice Chancellor, Jiwaji University, Gwalior, Madhya Pradesh, India & Chairman, Physical Education Foundation of India (PEFI)				https://youtu.be/HabXv/WV/Id8
53	28/03/2024	MOOC'S AND OER INTRODUCTION AND APPLICATION IN EDUCATION	Dr. Raj Kumar Sharma Associate Professor, UGC-MMTTC, LNIPE, Gwalior, M.P., India		1. Dr. Debopam Raha (Chief Patron) Principal, Sitaram Mahato Memorial College, Kuruktopa, Purulia, W.B. 2. Dr. Udayan Mandal (Advisor) Assistant Professor, Department of Education, Bankura University, Bankura, W.B. 3. Ujjawal Mahato (Convenor) Assistant Professor, Department of Education, Baneswar Sarathibala Mahavidyalaya, Cooch Behar, W.B.				https://youtu.be/U6yro_QcYag
54	04-04-2024	Concept of Physical Fitness	Dr. Dadasaheb Baban Dhengale Assistant Professor, Department of Sports & Physical Education, Savitribal Phule Pune University, Ganeshkhind Rd, Pune-07						https://youtu.be/b0_rBCRzfRw
55	11/04/2024	Factors affecting in Testing of Hypothesis	Dr. Limon Kumar Saha Assistant Professor, P. G. G. I. P. E., Banipur						https://youtu.be/hB4mMI2JBc0
56	18/04/2024	Role of Co-Ordinative Ability in Sports	Dr. Uma Kant Singh Sport Officer Govt. Girls College Waidhan Madhya Pradesh, India						https://youtu.be/6_Vchhl2frk
57	25/04/2024	Status of Physical Education in West Bengal under New Education Policy 2020	Dr. Sumalya Roy Assistant Professor, Department of Physical Education, Chatra Ramai Pandit Mahavidyalaya, Bankura, W.B.						https://youtu.be/llgcY2dKHsk
58	02/05/2024	Euhydration Strategies For Athletes	Dr. Supriyo Mondal Assistant Professor of Education (Physical Education), Department of Education, Vinaya Bhavana, Visva-Bharati, Santiniketan, 731235						https://youtu.be/MK1BD7zSrC4
59	09/05/2024	Technology Literacy in The Field Of Physical Education	Dr. Udayan Mandal Assistant Professor, Department of Education, Bankura University, Bankura, W.B.	(B)					https://youtu.be/5AgtRamC9Rw
60	16/05/2024	A Step by Step To Guide Wellness	Saumitra Karmakar Assistant Professor, Government College of Physical Education for Women, Dinhata						https://youtu.be/gRHqiouqrXc
61	23/05/2024	Important of Perceptual Cues in Sports	Dr. Jyostnasis Ghosh Assistant Professor & Head of the Department of Physical Education, Barackpore Rastraguru Surendranth College, Kolkata, W.B.>, India.	8					https://youtu.be/MZDGJewbr6s
62	30/05/2024	The Role Of Nutrition in Athletic Performance	Ms. Dilpreet Kaur Assistant Professor, Sri Balaji University, Department of Sports, Recreation and Wellness, Balaji School of Sports Science, Pune, India						https://youtu.be/e_cK_M0S61g
63	06-06-2024	Higher Education and Career Opportunities in Europe	Md Hussin Alam (Ph.D.) Founder & Director, British Graduate College in Wroclaw, Poland						https://youtu.be/vBKLnuF-3xY
64	13/06/2024	Warming up- Cooling down and Stretching Exercises: A Scientific Approach	Prof. Dhananjoy Shaw IGIPESS, University of Delhi, Former Head, Department of Physical Education and Sports Sciences, University of Delhi Former Principal (Off.) Indira Gandhi Institute of Physical education and Sports Sciences, University of Delhi, Delhi, India						https://voutu.be/Si9ViKDjHiQ
65	20/06/2024	Construction of Standard Track	Chandra Sankar Hazari Assistant Professor & HOD Department of Physical Education Bhatter College, Dantan, Paschim Medinipur, West Bengal.						https://youtu.be/OoLLnZ3COPL
66	27/06/2024	Management of Weight	Dr. Chandan Kumar Paswan Assistant Professor & HOD, Department of Physical Education, Panchmura Mahavidyalaya, Panchmura, Bankura	Qq.					
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