



CURRICULUM VITAE

1. PERSONAL DETAILS:

Name (In Capital Letters) : **ALOKE SEN BARMAN**

Designation : **Assistant Professor (Stage-II)**

Department : **Department of Physical Education**

Academic Qualifications : **B.Sc.(H), M.A.(Eco), B.Ed., B.P.Ed.,
M.P.Ed., UGC-NET (June, 2007),
Ph.D. (Physical Education),
Certificate Course in Yoga (Lonavala)
One Year Diploma in Inclusive Education.**

Date of Birth : **09.01.1973**

Gender : **Male**

Nationality : **Indian**

Date of Joining in the College : **25.06.2014**

Permanent Address : **Vill.-Sonatikari, P.O.-Chandpara,
Dist.-North 24 Parganas, Pin.no.-743245**

Address for Communication : **Flat no.-504, Block-B, Big Sadhukha
Apartment, Vill. Naipukur, P.O. Rajarhat,
Kolkata-700135.**

Phone No : **9932327503, 9474401833**

Email : **dralokesenborman@gmail.com**

2. EDUCATION:

Examination/ Degree	Board/Council/University/ Other Examining Body	Year of Completion	Division	Percentage of Marks
M.P.	WBBSE	1989	II	48
H.S.	WBCHS	1991	II	52
B.Sc.(H)	University of Calcutta	1995	II	46
M.A.(Economics)	Rabindra Bharati University	1998	I	60
B.P.Ed.	University of Calcutta	2001	I	70
M.P.Ed.	University of Calcutta	2004	I	70
NET	UGC	June, 2007		
Ph.D. (Phy. Edu.)	Visva Bharati University	04.12.2011		
B.Ed.	IGNOU	2012	I	82
Certificate Course of Yoga	Lonavala	13.11.2021	NA	NA
One Year Diploma in Inclusive Education	NSOU	21.12.2022	NA	NA

Title of the M.Phil./Ph.D. Thesis : “EFFECT OF YOGASANA PRACTICES ON NEUROPSYCHOLOGICAL VARIABLES AND PHYSICAL FITNESS IN SCHOOL CHILDREN”

Areas of Interest : Research Methodology, Computer Application,
Kabbadi, Sports Management.

3. WORK EXPERIENCE:

Period	Designation	Name of the Institute
01.04.2004- 30.04.2005	Guest Lecturer	Panskura Banamali College, Panskura, Purba Medinipur, West Bengal
2005-2010	Teacher in Charge	Gaberia Kalicharan & Sibani High School, Vill. Gabberia, P.O. Daudpur, Sandeshkhali, North 24 Parganas, West Bengal.
2010	Assistant Teacher	Bhabamoyee Agarmoni High School, Belghoria, North 24 Parganas. West Bengal.
2010- 24.06.2014	Physical Education Teacher (PET)	South Eastern Railway School New Settlement, Khargapur, West Bengal
2014 - till date	Assistant Professor (Stage –II)	Seva Bharati Mahavidyalaya, Kapgari, Jhargram, West Bengal
2018 - till date	Invited Lecturer	Department of Physical Education, University of Burdwan, West Bengal

4. ARTICLES/PAPERS PUBLISHED IN JOURNALS:

Sl. No.	Title of the Paper	Name of the Journal	ISSN, Vol. No., Issue No., Page No.	Year of Publication	Whether UGC Approved	Status (National / International)
01.	Relationship of Kabaddi Performance with Selected Coordinative Ability of Inter-District Players of Paschim Medinipur	IOSR Journal of Sports and Physical education (IOSR-JSPE)	ISSN 2347-6745, Volume-I, Issue-6, Jul.-Aug., 2014. PP. 51-52	2014	No	International
02.	Vitamin D, optimal health and athletic performance: A review study	International Journal of Nutrition and Food Sciences	ISSN: 2327-2694 Oct. 2014 Volume-3, Issue-6, PP.526-533 doi: 10.11648/j.ijnfs.20140306.16 (http://www.sciencepublishinggroup.com/j/ijnfs)	2014	No	International
03.	Effect of Regular exercise on Prolactin Secretion: A Pilot Study	IOSR Journal of Sports and Physical education (IOSR-JSPE)	ISSN 2347-6745, Volume-I, Issue-7, Nov.-Dec., 2014. PP. 01-04	2014	No	International
04.	Effect of Eight Weeks Conditioning on Body mass Index of College Students	IOSR Journal of Sports and Physical education (IOSR-JSPE)	ISSN 2347-6745 Volume-2, Issue-3 May-June,2015 PP. 01-06	2015	No	International
05.	Comparative Study on Body Composition of B.P.Ed. and B.A.	PERIPEX-INDIAN JOURNAL OF RESEARCH	ISSN:2250-1991 Volume-4,	2015	No	International

	General Students		Issue-9 PP. 66-68			
06.	Comparative Study on Physical Fitness of Volleyball and Football Players in University level	IOSR Journal of Sports and Physical education (IOSR-JSPE)	2347-6745 Volume-2, Issue-5 (Sept.- Oct.2015)	2015	No	International
07.	An evaluation of eight weeks training with incorporation of new strategy and tactics on playing ability of CBSE school girls of kho-kho discipline.	International Journal of Yogic , Human Movement and Sports Sciences	2456 -4419 Volume –I, Issue-I, Jul- Dec. 2016 Page no. 86-89	2016	YES	International
08.	Effect of Yogic Asana on hand eye coordination	International Journal of Physiology, Nutrition and Physical Education	2456-0057 Volume-I, Issue-I, July, 2016 Page no. 101-103	2016	YES	International
09.	Effect of Yogic asana on hand grip strength in school boys	International Journal of Yogic , Human Movement and Sports Sciences	2456 -4419 Volume-I, Issue-I, Jul- Dec. 2016 Page no. 05-08	2016	YES	International
10.	Effect of Yogic Asana on Body Mass Index	International Journal of Physiology, Nutrition and Physical Education	2456-0057 Volume-I, Issue-I, April,2016 Page no. 01-04	2016	YES	International
11.	Effect of Biodiversity on Human Health in West Bengal	International Journal of Integrated Research and Development	2278-8670 Volume-II, December Issue PP.35-37	2017	YES	International
12.	Comparative Study on Effectiveness of First and Second Lock Down to Resist COVID-19 in India.	International Journal of Integrated Research and Development	ISSN : 2278-8670 Volume-1, Issue-16 Dec., 2019 PP. 06-08	2019	No	International
13.	Effect of Exercise on Serum Cholesterol	International Journal of Scientific Research	ISSN : 2277-8179 Volume-10, Issue-8, August- 2021 PP. 28-29	2021	Yes	International

14.	Effect of Yogic asana on Neuromuscular Electrical Activity	International Research Journal of Commerce, Arts and Science	ISSN: 2319-9202 Volume-14, Issue-2 Feb. 2023 PP.27-32 www.CASIRJ.COM	2023	No	International
15.	Impact of Gymnastics Training on Selected Physical Parameters of school Girls	International Journal of Integrated Research and Development	ISSN: 2278-8670 Volume-2 Issue 24, Dec. 2023 PP. 80-86	2023	Yes	International

5. ARTICLES/PAPERS/CHAPTERS PUBLISHED IN BOOKS/EDITED BOOKS:

Sl. No.	Title of the Paper/Chapter/Article	Title of the Book	ISBN, Vol. No., Issue No., Page No.	Year of Publication	Whether UGC Approved	Status
01.	শারীরশিক্ষা	শারীরশিক্ষা, ইন্দিরা প্রকাশনি, কলকাতা	P.P. 01-205	Nov., 2009	No	Book for WBSSC
02.	School Service Commission TET	Teacher Eligibility Test, Indira Prakashani, Kolkata	P.P.01-300	Feb., 2012	No	Book for Upper Primary TET
03.	প্রাথমিক TET প্রবেশিকা	প্রাথমিক TET প্রবেশিকা, Sangborti Publication, Kolkata	P.P. 01-388	Oct., 2012	NO	Book for Primary TET
04.	কিভাবে ইন্টারভিউতে সফল হবেন	কিভাবে ইন্টারভিউতে সফল হবেন, Sangborti Publication, Kolkata	P.P. 01-348	March, 2013	No	Book for facing Interview
05.	টাগেট SLST শারীরশিক্ষা	টাগেট SLST শারীরশিক্ষা, MCQ, Classique Book, Kolkata	978-81-87616-93-1 PP. 1-266	2016	No	For WBCSSC MCQ
06.	টাগেট SLST শারীরশিক্ষা 2 nd Edition	টাগেট SLST শারীরশিক্ষা, MCQ, Classique Book, Kolkata	978-81-87616-93-1 PP. 1-355	2017	No	For WBCSSC MCQ, New Edition
07.	শারীরশিক্ষা Vitti o Etihas	শারীরশিক্ষা Vitti o Etihas, Classique Book, Kolkata	978-81-940581-0-6 PP. 1-207	Sept, 2018	No	For CBCS UG Semester-I
08.	Adverse Effect of Arsenic on Health: A Systematic Review	Selected Essays on Perspectives of Man and Environment A	978-93-909760-2-7 PP. 1-5	2020	No	Edited book by taking papers from national

		harmonic co-existence., published by BUUKS., Edited by Dr. Abhijit Ghosh et. al. 2020				seminar
10.	Effect of Yoga on Physical Fitness. Chapter -4	Research and Review in Multidisciplinary Dimensions, Volume-3, Chief Editor: Shalini Chaudhary, Weser Books,	978-3-96492-520-6 Chapter-4 Volume-3 PP. 55-75	2024	No	Book Chapter Written based on Ph.D. Works
11.	The Effect of Yogic Poses on Health Related Physical Fitness	The Effect of Yogic Poses on Health Related Physical Fitness, Published by Weser Books, Germany, Writer: Dr. Aloke Sen Barman.	978-3-96492-564-0 PP. 01-41	2024	No	Book Witten based on Ph.D. work

6. SEMINAR/CONFERENCE/WEBINAR PROCEEDINGS:

Sl.No.	Title of the Paper	Details of the Seminar / Conference / Webinar	Organized by	Year & Date of Commencement	ISSN / ISBN	Status (National / International)
01.	Effect of yogic asana practices on hand grip strength	Global Excellence in Fitness and Sports Science Dr. Rina Twentyfirst Century Publications, Patiala, Page no. 393-402	JECRC University, Jaipur	6 th January, 2015	978-81-89463-96-0	International
02.	Effect of yogic asana practices on body composition	Proceeding of the national seminar on issues and challenges in physical education and sports sciences Kamrul Hassan Horizon books Gurgaon, Hariyana-122002 Page no. 81-87	Department of Physical Education, Visva Bharati, Santineketan, West Bengal.	25 th June, 2016	978-93-86369-20-8	National
03.	Effect of Exercise on Lipid Profile	International Conference on Global Education, Physical Education	Department of Physical Education, Seva Bharati	9 th December, 2017	978-81-929219-1-4	International

		and Sports, Research and Technology for Sustainable Development Editor: Dr. Alope Sen Barman, Indira Publishers, P.P. 55-63	Mahavidyalaya, Kapgari, West Bengal			
04.	Effect of Exercise on Liver Function	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga Volume-I AKINIK PUBLICATION Chief Editor: Dr. Deba Prasad Sahu P.P. 276-279	Department of Physical Education, Mahishadal Girl' College, Purba Medinipur, West Bengal	10 th December, 2017	978-93-87072-17-6	International
05.	Effect of Yogic Asana on Static Balance in School Children	International Conference on Global Education, Physical education and Sports, Research and Technology for Sustainable Development, Volume-II, Editor: Dr. Alope Sen Barman, Indira Publishers, P.P. 93-95	Department of Physical Education, Seva Bharati Mahavidyalaya, Kapgari, West Bengal	9 th December, 2018	978-81-929219-3-8	International
06.	Effect of Yogic Asana on Flexibility in School Children	International Conference on Global Education, Physical education and Sports, Research and Technology for Sustainable Development, Volume-II, Editor: Dr. Alope Sen Barman, Indira Publishers, P.P. 96-99	Department of Physical Education, Seva Bharati Mahavidyalaya, Kapgari, West Bengal	9 th December, 2018	978-81-929219-3-8	International
07.	Effect of 24 Weeks Exercise on Level of LDL in Female	International Conference on Global Education, Physical education	Department of Physical Education, Seva Bharati	9 th December, 2018	978-81-929219-3-8	International

		and Sports, Research and Technology for Sustainable Development, Volume-II, Editor: Dr. Alope Sen Barman, Indira Publishers, P.P. 115-117	Mahavidyalaya, Kaptipada, West Bengal			
08.	Effect of Yogic Asana on Hand Grip Strength in School Children	International Conference on Global Education, Physical education and Sports, Research and Technology for Sustainable Development, Volume-II, Editor: Dr. Alope Sen Barman, Indira Publishers, P.P. 118-121	Department of Physical Education, Seva Bharati Mahavidyalaya, Kaptipada, West Bengal	9 th December, 2018	978-81-929219-3-8	International
09.	Effect of Exercise on Low Level Lipoprotein (LDL)	One Day national Seminar on "Expediency of Physical Education Sports Wellness Fitness and Positive Health in Modern Mechanised World." Editor: Dr. Biplob Chowdhury, P.P. 1-4	Govt. Physical Education College for Women, Rice Research Station, Chinsurah, Hoogly	13 th January, 2020	978-93-539619-8-5	National

7. PAPERS PRESENTED IN THE SEMINAR/CONFERENCE/WEBINAR:

Sl. No.	Title of the Paper	Details of the Seminar / Conference / Webinar	Organized by	Year & Date of Commencement	Status (National / International)
1.	Higher Education for Empowering People and Developing India	24 th national Conference	Indian Colleges Forum, Jamini Kant B.Ed. College, JKM College of Management, Science & Commerce, Loyola College of Education,	7 th Sept. 2018	National

			Jamshedpur, Jharkhand.		
02.	Effect of Exercise on Serum Cholesterol	International Conference on Physical education, Yoga and Sports Science in 2020's Era	State Institute of Physical Education for Women, hasting House, Kolkata, India	15 th January, 2020	International

8. CHAIRED/CO-CHAIRERD IN THE TECHNICAL SESSION OF THE SEMINAR/WEBINAR:

Sl. No.	Chaired/Co-Chaired	Details of the Seminar / Conference / Webinar	Organized by	Year & Date of Commencement	Status (National / International)
01.	Chairperson	National seminar on Issues and Challenges in Physical education and Sports Sciences	Department of Physical Education, Vinaya Bhavana,	25 th June,2016	National
02.	Co-Chairperson	National conference on Physical Education and Sports Sciences in The 21 st Century	Department of Physical Education, Jadavpur University	22 nd March, 2018	National

9. INVITED LECTURERS IN THE SEMINAR/CONFERENCE/WEBINAR:

Sl. No.	Title of the Invited Lecture	Title of the Seminar / Conference / Webinar	Organized by	Year & Date of Commencement	Status (National / International)
01.	Child Centric Learning and Inclusive Education	International Seminar on Child centric Learning and Inclusive Education and Higher education for Bridging the Gap between Rural and Urban India	Jamini Kant B.Ed. College, Salboni, Jamshedpur, east Singhbhum, Jhargkhand.	8 th Nov. 2016.	International

10. RESEARCH EXPERIENCE

Sl. No.	Project Title	Whether Principal Investigator / Co-	Funding Agency	Amount	Period	Status

		Investigator				
01.	Effect of Exercise on Lipid Profile and Liver Function	Principal Investigator	UGC	1,30,000/-	31.07.2017-04.12.2018	Completed

11. MEMBER OF EDITORIAL BOARD OF JOURNAL/BOOK:

Sl. No.	Name of the Journal / Book	Whether UGC Approved	ISSN/ ISBN	Impact Factor	Status (National / International)
01.	ENSEMBLE	UGC Approved	E ISSN 2582-0427	0.24	International
02.	International Journal of Integrated Research and Development	UGC Approved	ISSN: 2278-8670	NA	International

12. CONFERENCE /SEMINAR/WORKSHOP/WEBINAR ORGANIZED:

Sl. No.	Title of the Conference	Details of the Seminar / Conference / Webinar	Organized by	Year & Date of Commencement	Status (National / International)
01.	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development	More than 40 Eminent Educationists from Bhutan and Bangladesh had Participated and presented their paper.	Department of Physical Education, Seva Bharati Mahavidyalaya, Kargari, Jhargam.	9 th December, 2017	International

13. MEMBER OF ACADEMIC/ADMINISTRATIVE /PROFESSIONAL BODIES:

1. Member of IQAC of Seva Bharati Mahavidyalaya
2. Convener of Admission Sub Committee of Seva Bharati Mahavidyalaya
3. Convener of Disciplinary Action Sub Committee of Seva Bharati Mahavidyalaya
4. Member of PEFI India

DECLARATION

I declare that the particulars given above are correct to the best of my knowledge and belief.



Date: 22.06.2024

Signature