



CURRICULUM VITAE

A. PERSONAL DATA

Name : DR. DEBA PRASAD SAHU
Designation : Principal
Working Place : Seva Bharati Mahavidyalaya
Vill. + P.O. - Kapgari, Jhargram, West Bengal,
PIN- 721505, India
Father's Name : Sri Sambhu Nath Sahu
Date of Birth : 10th March, 1973
Gender : Male
Nationality : Indian
Contact no. : 9433122259 / 9883059482
E-mail : debaprasadsahu10@gmail.com
Present Address : C/o - Sri Sambhu Nath Sahu
Vill.: Terapekhia, P.O. + P.S.: Mahishadal,
Dist.: Purba Medinipur, PIN: 721628, West Bengal,
India

B. EDUCATION:

Examination / Degree	Board/Council/University/ Other Examining Body	Duration of the Course & Year of Completion
M. Sc. in Yoga and Naturopathy	Tamilnadu Physical Education and Sports University	02 Years, 2018
M.A. (Education)	N.S.O.U.	02 Years, 2011
Ph. D.	Visva-Bharati, Santiniketan	2008
Post Graduate Diploma in Sports Management (PGDSM)	Alagappa University, Karaikudi	01 Year, 2007
Diploma in Sports Coaching Football (NIS)	Sports Authority of India, Southern Centre, Bangalore, Karnataka	2008 01 Year, 1999
Master Degree in Physical Education (M.P.E.)	Jiwaji University, Gwalior	02 Years, 1998
Certificate Course in Sports Coaching Swimming (NIS)	Sports Authority of India, Western Centre, Gandhinagar, Gujarat	1997
Bachelor in Physical Education (B.P.E.)	L.N.I.P.E., Gwalior	03 Years, 1996
12 th Standard	W.B.C.H.S.E.	02 Years, 1991
10 th Standard	W.B.B.S.E.	1989

C. WORK EXPERIENCE:

- 2010 - 2020 Assistant Professor and Associate Professor in the Department of Physical Education, Mahishadal Girls' College, Purba Medinipur, W.B., India.
- 2003 – 2010 Assistant Professor in the Department of Physical Education, Ramakrishna Mission Brahmananda College of Education, Rahara, North 24-Parganas, W.B., India.
- 2002 Assistant Teacher in Physical Education, Dakshin Kasimnagar High School, Purba Medinipur, W.B.
- 2000 - 2002 Guest Lecturer in the Department of Physical Education, Tamralipta Mahavidyalaya, Purba Medinipur, W.B., India.
- Guest Lecturer in the Department of Physical education, Haldia Govt. College, Purba Medinipur, W.B., India.
- Guest Lecturer in the Department of Physical Education, Mugberia Gangadhar Mahavidyalaya, Purba Medinipur, W.B., India.

D. MEMBER OF BOARD OF STUDIES:

Member, Board of Studies of Physical Education subject, Vidyasagar University, Paschim Medinipur, W.B. from 2011 to till date.

Member, Board of Studies of Bachelor of Physical Education subject, Vidyasagar University, Paschim Medinipur, W.B. from 2012 to till date.

Member, Board of Studies of Physical Education subject, West Bengal State University, W.B. from 2007 to 2014.

Member, Board of Studies of Physical Education subject, Gour Banga University, W.B. from 2011 to 2013.

E. SPORTS ACHIEVEMENTS:

Represented Jiwaji University in the West Zone Inter-University Football Championship 1997 - 1998.

Represented Jiwaji University in the All India Inter-Zonal Football Championship 1997 - 1998.

Represented Jiwaji University as captain in the All India Intersarsity Swimming Championship 1997 - 1998.

Represented Jiwaji University in the West Zone Intersarsity Football Championship 1996 - 1997.

Represented Jiwaji University in the All India Intersarsity Swimming Championship 1996 - 1997.

Represented Jiwaji University in the West Zone Intersarsity Football Championship 1994 - 1995.

F. CHIEF EDITOR OF INTERNATIONAL JOURNAL:

Sl. No.	Name of the Journal	UGC-Approved/ UGC Care Listed	ISSN/ ISBN Impact Factor	International/ National
1.	International Journal of Physiology, Nutrition and Physical Education	UGC-Approved January-June 2019	ISSN: 2456 - 0057 Impact Factor: 5.18	International
2.	International Journal of Yogic, Human Movement and Sports Sciences	UGC-Approved July - December 2018	ISSN: 2456 - 4419 Impact Factor: 5.18	International

G. NATIONAL AWARD/ FELLOWSHIP FROM ACADEMIC BODIES:

Sl. No.	Title of the Award/ Fellowship	International/ National/ State/ University	Name of the Award or Fellowship awarding Academic Body	Date and year of achievement of Award/ Fellowship
1.	"Vidya Ratan"	National	Global Forum for Education and Research Growth, Mumbai, India	2017
2.	"Vidya Ratan"	National	Global Forum for Education and Research Growth, Mumbai, India	2018

H. EDITORIAL BOARD MEMBER OF JOURNAL/ BOOK:

Sl. No.	Name of the Journal	ISSN/ ISBN Impact Factor	National/ International
1.	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development	Conference Proceedings 9 th December, 2017	International
2.	International Journal of Multidisciplinary Research and Department	Year: 2016 ISSN: 2349-5979 Impact Factor: 5.72	International
3.	International Journal of Applied Research	Year: 2016 ISSN: 2394-7500 Impact Factor: 5.2	International
4.	International Journal of Physical Education, Sports and Health	Year: 2015 ISSN: 2394-1685 Impact Factor: 4.69	International
5.	International Journal of Home Science	Year: 2015 ISSN: 2395-7476	International

I. RESEARCH EXPERIENCE:

Sl. No.	Project Title	Whether Principal Investigator/ Co- Investigator	Funding Agency	Amount	Period	Status
1.	AN EVALUATION OF HEALTH AND PHYSICAL EDUCATION PROGRAMME IN SECONDARY SCHOOLS OF TRIBAL AREA OF PASCHIM MIDNAPUR DISTRICT	Principal Investigator	UGC	1,55,000 /-	01.08.2014 – 31.08.2017	Completed

J. INVITED LECTURES IN THE SEMINAR/ CONFERENCE:

Sl. No.	Title of the invited lecture	Title of Conference	Organized by	International/ National/State or University
1.	Practical Aspect of Astanga Yoga with Special Reference to Yoga Sutra	Yoga in life and Education: its relevance in the 21 st century, 3 rd and 4 th June, 2017	Department of Education , University of Gour Banga, Malda, W.B.	International
2.	The Economics of Games	Global Education ,	Department of	International

	and Sports-An Analysis in the Indian Perspective	Physical Education and Sports, Research and Technology for Sustainable Development, 9 th December, 2017	Physical Education , Seva Bharati Mahavidyalaya, Jhargram, W.B.	
3.	Traditional Sports in Bengal	Culture in Modern Bengal: Traditions and Transformations, 10 th April, 2018	Department of Bengali and English, Khejuri College, W.B.	International

K. CHAIR/ CO-CHAIR OF THE SEMINAR/ CONFERENCE:

Sl. No.	Title of Conference/ Seminar with date	Organized by	International/ National/State or University
1.	Quality Education Through Application of Research and Statistics in Profession, May 31, 2015	Institute of Professional Studies, Gwalior	National
2.	Trends, issues and Development in Physical Education and Sports Sciences, 20 th September, 2019	Sree Chaitanya Mahavidyalaya, Habra, W.B.	International
3.	Global Innovation and Research in Education, Sports Science and Yoga, 10 th and 11 th December, 2017	Dept. of Physical Education, Mahishadal Girls' College, Purba Medinipur, West Bengal	International
4.	Sports Nutrition and Awareness of Doping in connection with Sports Sciences, Physical Education and Yogic Sciences, 29 th Feb. to 1 st March-2020	Physical Education Foundation of India (PEFI) in collaboration with National Anti-Doping Agency (NADA)	International

L. ARTICLES/ CHAPTERS PUBLISHED IN BOOKS:

Sl. No.	Title of the publication with page no. and year of publication	Name of the of publisher	ISSN/ ISBN No.	State/ National/ International
1.	A Comparative study on the Nutritional status between Agriculture worker and food Gain Loading and unloading workers of Terapakha and Boyle village Nandigram in West Bengal, pp.-11-30, 2019	Akinik Publications Delhi, India	ISBN: 978-93-5335-541-8	National

2.	Nutritional Requirement for Athletes, pp.-47-60, 2019	Akinik Publications Delhi, India	ISBN: 978-93-5335-541-8	National
3.	Comparative study on Nutritional Health status between House wife and Agricultural Women, pp.-31-46, 2019	Akinik Publications Delhi, India	ISBN: 978-93-5335-541-8	National
4.	Yogic Exercises and the Aged working Women in the schools, pp.-23-34, 2019	Akinik Publications Delhi, India	ISBN: 978-93-5335-555-5	National
5.	Comparative Effect of selected Asana and stretching Exercises on Flexibility of secondary students, pp.-23-34, 2019	Akinik Publications Delhi, India	ISBN: 978-93-5335-555-5	National
6.	Effect of selected Yogasanas on Motor Fitness of B.P.ED. Students, pp.-67-81, 2019	Weser books Germany	ISBN: 978-3-96492-138-3	International
7.	Effects of Yogasana Training on postural defected students of selected physical fitness components, pp.-101-122, 2019	Weser books Germany	ISBN: 978-3-96492-138-3	International
8.	Effect of Yoga on LDL, pp.-93-102, 2021	Akinik Publications, Delhi, India	ISBN: 978-93-91216-86-3	National

M. SEMINAR/ CONFERENCE PROCEEDINGS:

Sl. No.	Title of the paper with page no.	Details of Conference Publication	ISSN/ISBN No.	Organized By	National/ International
1.	Comparative Study on Soccer skill performance between Rural and Urban Women Soccer Club Players in West Bengal, pp.-241-246	Proceedings of Global Scientific Conference on Physical Education, Health and Sports Sciences, 2013	ISBN: 978- 93-8014-516-7	Department of Physical Education, Guru Nanak Dev University, Punjab	National
2.	Impact of Physical Education on Humanistic Developments, pp.-129-132	Proceedings of UGC sponsored of national conference on Inter-disciplinary approaches in physical education and sports, 2013	ISBN: 978-81-924376-8-2	Department of Physical Education and sports, R.G. Bagdia Aarts & R. Bozonji Science College, JALANA, India	National

3.	Comparative Study on Selected Physical Fitness Components and Kinesthetic sense Among Minority School Students in West Bengal, pp.-286-292	Proceedings of Global Scientific Conference on Physical Education, Health and Sports Sciences, 2014	ISBN: 978- 81-7873-077-6	Department of Physical Education, Guru Nanak Dev University, Punjab	National
4.	Prediction of Performance of District Level Long Jumper in Relation to their Kinaesthetic Sense and Coordination Ability, pp.-179- 182	Proceedings of Trailing the Foot prints of Nutrition and Wellness Entrapping Foot hold of Healthy Nation, 2016	ISBN: 978-81-88904-88-4	Palli Siksha Bhavana (Institute of Agriculture) Viswa-Bharati, Santiniketan	National
5.	Comparative Study on Breath Holding Time among Different Pre-adolescent Girls, pp.-281-285	Proceedings of Trailing the Foot prints of Nutrition and Wellness Entrapping Foot hold of Healthy Nation, 2016	ISBN: 978-81-88904-88-4	Palli Siksha Bhavana (Institute of Agriculture) Viswa-Bharati, Santiniketan	National
6.	Reliability analysis of body shape questionnaire on working women of Siliguri, pp.-24-29	Proceedings of awareness of physical education and sports among the backward communities in rural area, 2017	ISBN: 978-93-83200-37-5	Department of Physical Education, Saltora Netaji Sentenary College, Bankura, W.B., India	National
7.	Comparative effect of different conditioning programme on physical fitness, physiological status and body composition among general and professional physical education students of West Bengal, pp.-566-574	International conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development, 2017	ISBN: 978-81-929219-1-4	Department of Physical Education, Seva-Bharati Maha Vidyalaya, Jhargram, West Bengal, India	International
8.	Effect of Yoga Nidra and Pranayama on selected Physiological variables of tribal youths, pp.-212-222	Proceedings of 29 th National conference of Sport and Exercise Psychology practices, pursuits and promises, 2019	ISBN: 978-81-8360-281-5	Department of Physical Education, National Institute of Technology, Warangel, Telengana State, India	National

N. TRAINING SHORT COURSES:

Sl. No.	Programme	Duration	Organized by
1.	17 th orientation course on NSS	07 Days 17.03.2015 - 23.03.2015	Ramkrishna Mission Ashrama, Narendrapur, Kolkata, W.B.
2.	National workshop "Empowering Physical Education personnel"	07 Days 30.03.2015 - 05.04.2015	Department of Physical Education, Rani Durgavati Vishwavidyalaya, Jabalpur, M.P.
3.	National Workshop on Research Methodology and Applied statistics	07 Days 25.05.2015 - 31.05.2015.	Department of Physical Education, Institute of Professional Studies, Gwalior, M.P.
4.	Short term course on Human Rights	07 Days 24.06.2015 - 30.06.2015	H.R.D.C., The University of Burdwan, W.B.
5.	Short term course on students counselling and Guidance	07 Days 25.08.2015 - 31.08.2015	H.R.D.C., The University of Burdwan, W.B.
6.	6th orientation course on NSS	07 Days 20.09.2015 - 26.09.2015	Ramkrishna Mission Ashrama, Narendrapur, Kolkata, W.B.
7.	International workshop on Advanced strength and conditioning for sports	07 Days 20.08.2019 - 26.08.2019	L.N.I.P.E., Gwalior, M.P.

O. PUBLICATION OF BOOKS:

Sl. No.	Title of the Book	Name of the publisher and year of publication	ISSN/ ISBN No.	National/ International
1.	SHARIR SHIKKA SHIKKAN PADDHATI	Rita Publication, Kolkata, 2009	ISBN: 978-93-82229-83-4	National
2.	SHARIR SHIKKA O SHASTHA SHIKKHA	Classic Books, Kolkata, 2001	ISBN: 978-81-87616-68-9	National
3.	SHARIR SHIKKA DISARI	Tapati Publishers, Kolkata, 2016	ISBN: 978-93-85150-51-7	National
4.	A CRITICAL REVIEW ON MODERN TREND OF YOGA ASANA	Indra Prokasoni, Kolkata, 2016	ISBN: 978-81-929219-2-1	National
5.	RECENT TRENDS OF TRIBAL STUDIES IN INDIA	Weser books, Germany, 2018	ISBN: 978-3-96492-139-0	International

6.	HEALTH AND PHYSICAL EDUCATION STATUS IN TRIBAL SCHOOLS	Weser books, Germany, 2018	ISBN: 978-3-96492-141-3	International
7.	PEDAGOGICAL PERSPECTIVE OF PHYSICAL EDUCATION	Weser books, Germany, 2018	ISBN: 978-3-96492-140-6	International
8.	YOGIC MANAGEMENT OF COMMON DISEASES	Weser books, Germany, 2019	ISBN: 978-3-96492-143-7	International
9.	THE ECOLOGY OF HEALTH: PRESENT SCENARIOS	Rubicon publications, London, England, 2019	ISBN: 978-1-913482-98-5	International
10.	FITNESS IN WOMEN SOCCER	Rubicon publications, London, England, 2019	ISBN: 978-1-913482-97-8	International
11.	CONTEMPORARY SOCIAL ISSUES AND CHALLENGES	Integrated publications, Delhi, 2019	ISBN: 978-81-936164-7-5	National
12.	RESEARCH TRENDS IN PHYSICAL EDUCATION AND YOGA. VOL-1	Akinik Publications, Delhi, 2019	ISBN: 978-93-5335-009-3	National
13.	RESEARCH TRENDS IN PHYSICAL EDUCATION AND YOGA. VOL-2	Akinik Publications, Delhi, 2019	ISBN: 978-93-5335-041-3	National
14.	PERSPECTIVES IN PHYSICAL EDUCATION. VOL-1	Akinik Publications, Delhi, 2019	ISBN: 978-93-5335-079-6	National
15.	PERSPECTIVES IN PHYSICAL EDUCATION. VOL-2	Akinik Publications, Delhi, 2019	ISBN: 978-93-5335-780-1	National
16.	RESEARCH TRENDS IN PHYSICAL EDUCATION AND YOGA. VOL-3	Akinik Publications, Delhi, 2019	ISBN: 978-93-5335-358-2	National

17.	RESEARCH TRENDS IN PHYSICAL EDUCATION AND YOGA. VOL-6	Akinik Publications, Delhi, 2019	ISBN: 978-93-5335-724-5	National
18.	SELECTED SPORTS INJURIES & THEIR PREVENTIVE & REHABILITATIVE MEASURES	Lambart Academic Publishing, European Union, 2019	ISBN: 978-613-9-44442-7	International
19.	GLOBAL INNOVATION AND RESEARCH IN EDUCATION, SPORTS SCIENCES AND YOGA, VOL-I	Akinik Publications, Delhi, 2017	ISBN: 978-93- 87072-17-6	National
20.	GLOBAL INNOVATION AND RESEARCH IN EDUCATION, SPORTS SCIENCES AND YOGA, VOL-I	Akinik Publications, Delhi, 2017	ISBN: 978-93- 87072-19-0	National
21.	GLOBAL INNOVATION AND RESEARCH IN EDUCATION, SPORTS SCIENCES AND YOGA, VOL-I	Akinik Publications, Delhi, 2017	ISBN: 978-93- 87072-49-7	National
22.	GLOBAL INNOVATION AND RESEARCH IN EDUCATION, SPORTS SCIENCES AND YOGA, VOL-I	Akinik Publications, Delhi, 2017	ISBN: 978-93- 87072-50-3	National

P. ORGANIZED CONFERENCE/ SEMINAR/ WEBINAR:

Organized more than **twenty** different State/ National/ International Conference/ Seminar/ Workshop/ Webinar.

Q. PRESENTED PAPERS IN SEMINAR/ WORKSHOP/ WEBINAR:

Presented more than **fifty** papers in different State/ National/ International Conference/ Seminar/ Workshop/ Webinar.

R. PUBLISHED ARTICLES/ PAPERS IN JOURNALS:

Published more than **fifty** papers/ articles in different National/ International journals.

S. PARTICIPATION IN CONFERENCE/ SEMINAR/ WEBINAR:

Participated more than **fifty** different State/ National/ International / University level Conference/ Seminar/ Workshop/ Webinar.

I declare that the particulars given above are correct to be best of my knowledge and believe.

Place: Jhargram, West Bengal

Date: 12.09.2021



Signature