

# SEVA BHARATI MAHAVIDYALAYA

(A MULTI-FACULTY COLLEGE AFFILIATED TO VIDYASAGAR UNIVERSITY AND FUNDED BY UGC & GOVT. OF W.B.)

P.O. - KAPGARI: P.S. - JAMBONI: DIST. - JHARGRAM (W.B.): PIN. - 721505

**DEPARTMENT OF PHYSICAL EDUCATION  
PRESENTS**

**A CERTIFICATE COURSE ON BADMINTON STRATEGY; ELEVATE YOUR GAME**

**COURSE DATE - 05.11.22 - 11.02.2023**

## **SIGNIFICANT HIGHLIGHTS-->**

- 1 Introduction to Badminton Strategy
- 2 Technical Skills and Advanced Techniques
- 3 Strategic Play and Game Analysis
- 4 Practical Application and Match Play

**CONTACT-->**

**DR. NEETU DUTTA**

**COURSE COORDINATOR**

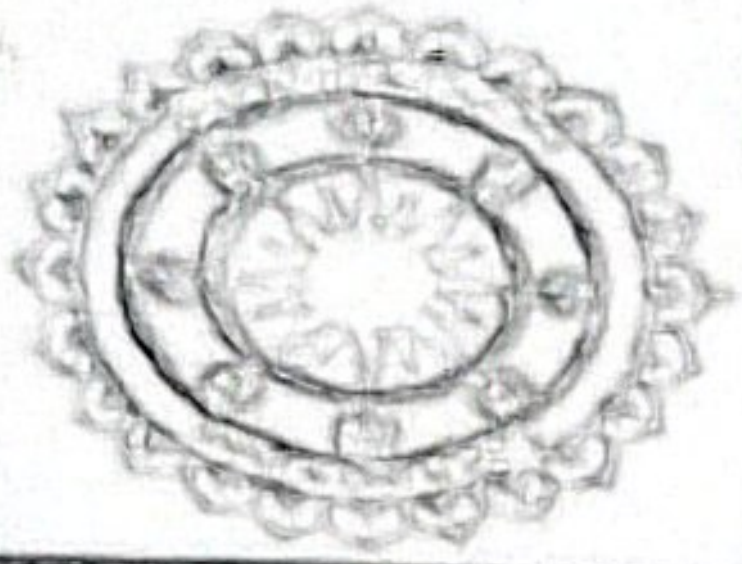
**PHIN: 9681222385**

**EMAIL: neetu4babi@gmail.com**



**OPEN TO ALL STUDENTS OF SEVA BHARATI MAHAVIDYALAYA**

**REGISTRATION: DEPARTMENT OF PHYSICAL EDUCATION**



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Vill. & P.O.-Kagari: P.S.-Jamboni: Dist.-Jhargram (W.B.): Pin.-721505

Email: principal.sbm.dps@gmail.com / iqac.sbm@gmail.com

Website: sbmahavidyalaya.ac.in

## ASSESSMENT

Certificate Course On "BADMINTON STRATEGEE: ELEVATE YOUR GAME"

Organised By

Department of Physical Education

Academic Session -2022-2023

Date -11.02.2023

Time - 1 hour

Put a tick mark on correct answer

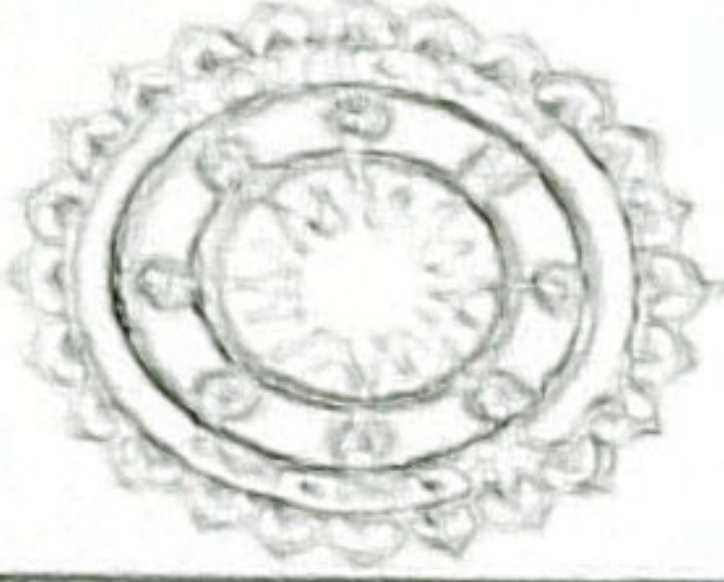
Name of the candidate: LABANI HEMBRAM

Full marks : 2X20

Enrolment Id: SBM/BPED/202190032

Marks Obtained: 38/40

- Which of the following is the primary objective of a good serve in badminton?
  - A) To hit a powerful smash
  - B) To start a rally
  - C) To force the opponent into a weak return
  - D) To clear the shuttle to the backcourt
- What is the ideal position to return to after hitting a shot in singles play?
  - A) At the net
  - B) Near the sideline
  - C) The centre of the court
  - D) In the backcourt
- Which of the following shots is most effective for disrupting your opponent's rhythm?
  - A) Smash
  - B) Clear
  - C) Drop shot
  - D) Drive
- What is the purpose of using a deceptive shot in badminton?
  - A) To tire out the opponent
  - B) To speed up the game
  - C) To surprise and confuse the opponent
  - D) To maintain a rally
- Which shot is best used when your opponent is out of position and you want to end the rally quickly?
  - A) Lob
  - B) Net shot
  - C) Smash
  - D) Clear
- What is a key strategy in doubles play to maintain offensive positioning?
  - A) Both players staying in the backcourt
  - B) Rotating positions frequently
  - C) One player at the net and one in the backcourt
  - D) Both players at the net
- How can you effectively use the backhand clear?
  - A) To drop the shuttle just over the net
  - B) To hit powerful smashes
  - C) To push the opponent to their backcourt
  - D) To drive the shuttle flat across the net
- When should a player use a cross-court net shot?
  - A) When the opponent is in the centre of the court
  - B) When the opponent is near the net on the same side
  - C) When the opponent is in the backcourt on the opposite side
  - D) When the opponent is near the sideline



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## CERTIFICATE COURSE ON BADMINTON STRATEGY: ELEVATE YOUR GAME

05.11.2022 – 11.02.2023.

Academic Session – 2022-2023.

### List of Participants

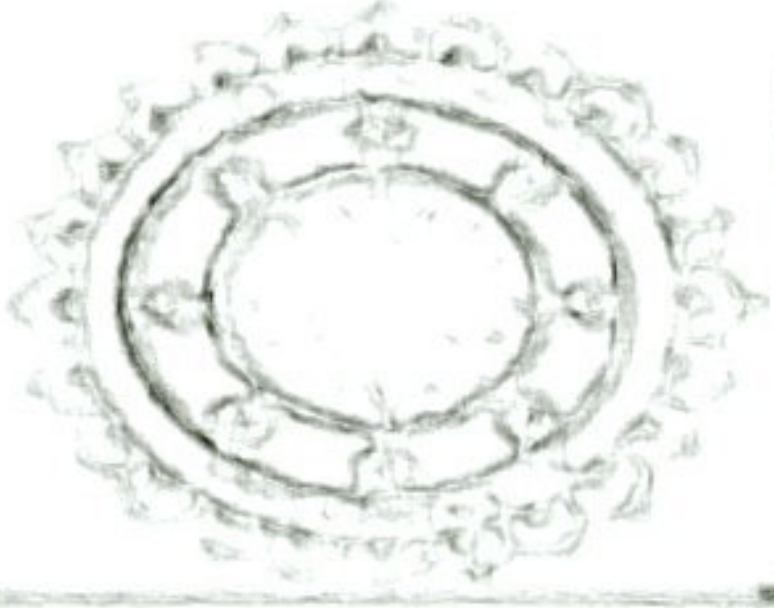
SL.NO.	NAME	COLLEGE ID	SIGNATURE
1	LABANI HEMBRAM	SBM/BPED/202190032	Labani Hembram
2	LAXMIPRIYA MAHATA	SBM/BPED/202190033	Laxmipriya Mahata
3	MANAJIT DAS	SBM/BPED/202190034	Manajit Das
4	MANGAL DIP SARKAR	SBM/BPED/202190035	Mangal Dip Sarkar
5	MANOSH MARDI	SBM/BPED/202190037	Manosh Mardi
6	MIRA BASKEYE	SBM/BPED/202190038	Mira Baskeye
7	MONALISA MAITY	SBM/BPED/202190039	Monalisa Maity
8	MOUMITA MAHATA	SBM/BPED/202190040	Moumita Mahata
9	MRINAL MAHATO	SBM/BPED/202190041	Mrinal Mahato
10	MRITUN HALDER	SBM/BPED/202190042	Mritun Halder
11	NISHA ORANGA	SBM/BPED/202190044	Nisha Oranga
12	PALLABI DINDA	SBM/BPED/202190046	Pallabi Dinda
13	PAMPA MONDAL	SBM/BPED/202190047	Pampa Mondal
14	PINKI BESRA	SBM/BPED/202190049	Pinki Besra
15	PRAVIR PRADHAN	SBM/BPED/202190050	Pravir Pradhan
16	PRADIP MANDI	SBM/BPED/202190051	Pradip Mandi
17	PRIYANKA KARMAKAR	SBM/BPED/202190052	Priyanka Karmaakar
18	RABIN MURMU	SBM/BPED/202190053	Rabin Murmu
19	RAJKUMAR BHARTI	SBM/BPED/202190055	Rajkumar Bharti
20	RAJASHRI HANSDA	SBM/BPED/202190054	Rajashri Hansda
21	RAJU MALICK	SBM/BPED/202190056	Raju Mallick
22	RANA MAJEE	SBM/BPED/202190057	Rana Majee
23	RANJIT MUNDA	SBM/BPED/202190058	Ranjit Munda
24	RITA MUDI	SBM/BPED/202190059	Rita Mudi
25	RUMA MAHATO	SBM/BPED/202190060	Ruma Mahato
26	RUPA TEWARY	SBM/BPED/202190061	Rupa Tewary
27	SAHEB MURA	SBM/BPED/202190062	Saheb Mura
28	SAKRO SAREN	SBM/BPED/202190063	Sakro Saren
29	SAMPA RANI SAMUI	SBM/BPED/202190064	Sampa Rani Samui
30	SANDIP MAHATO	SBM/BPED/202190066	Sandip Mahato

Signature of Coordinator  
Course Co-ordinator  
Seva Bharati Mahavidyalaya  
Kapgari, Jhargram



Signature of Principal

Principal  
Seva Bharati Mahavidyalaya  
Kapgari, Jhargram



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## Grade sheet

### CERTIFICATE COURSE ON BADMINTON STRATEGY: ELEVATE YOUR GAME

05.11.2022 – 11.02.2023.

Academic Session– 2022-2023

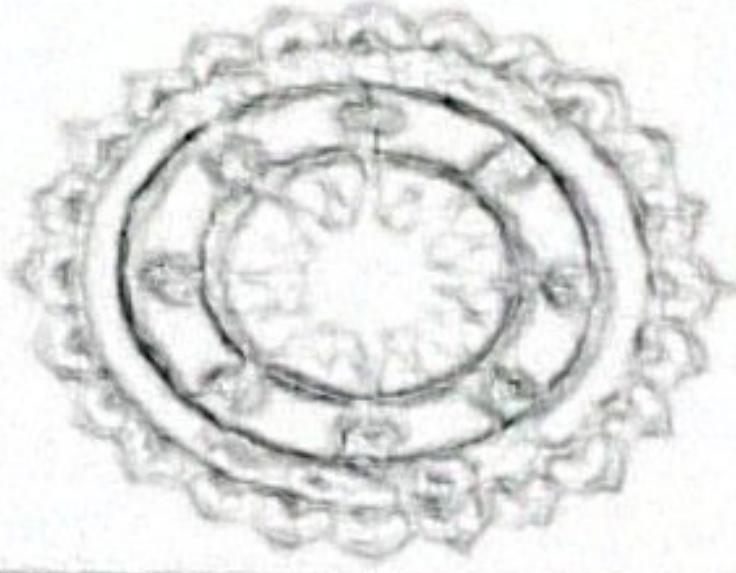
Sl.No.	Name of the Candidate	Grade
1	LABANI HEMBRAM	A+
2	LAXMIPRIYA MAHATA	A
3	MANAJIT DAS	A+
4	MANGAL DIP SARKAR	A
5	MANOSH MARDI	A
6	MIRA BASKEYE	A
7	MONALISA MAITY	A
8	MOUMITA MAHATA	A
9	MRINAL MAHATO	A
10	MRITUN HALDER	A+
11	NISHA ORANGA	A
12	PALLABI DINDA	A
13	PAMPA MONDAL	A
14	PINKI BESRA	B+
15	PRAVIR PRADHAN	A
16	PRADIP MANDI	A
17	PRIYANKA KARMAKAR	A+
18	RABIN MURMU	A
19	RAJKUMAR BHARTI	A
20	RAJASHRI HANSDA	B+
21	RAJU MALICK	A
22	RANA MAJEE	A
23	RANJIT MUNDA	B+
24	RITA MUDI	A
25	RUMA MAHATO	A
26	RUPA TEWARY	B+
27	SAHEB MURA	A
28	SAKRO SAREN	A+
29	SAMPA RANI SAMUI	A
30	SANDIP MAHATO	B+

Grade	Grade Scale	Performance Indicator
A+	95-100%	Outstanding
A	80-90%	Excellent
B+	70-79%	Very Good
B	60-69%	Good
C	50-59%	Satisfactory
D	40-49%	Marginal

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## Certificate Course on Badminton Strategy : Elevate your Game

Organized by: Department of Physical Education

Academic Session: 2021-2022

### Summary Report

Certificate course on **Badminton Strategy : Elevate your Game** was started during the academic year 2021- 2022 under the department of physical education. Department has hosted the course from 05/11/2022 to 11/02/2023 and the classes has been held on every Saturdays and Sundays on hybrid mode. from 2:00 pm to 4:00 pm. The prime objective of this 15-day certificate course on "Badminton Strategy: Elevate Your Game" successfully met its objectives and outcomes. Participants gained valuable insights into advanced badminton strategies, improved their technical skills, and developed their strategic thinking. The course evaluations indicated high levels of satisfaction, with participants expressing a strong commitment to applying the strategies and techniques learned. Future courses can build on this success by incorporating more personalized coaching and advanced strategic concepts.

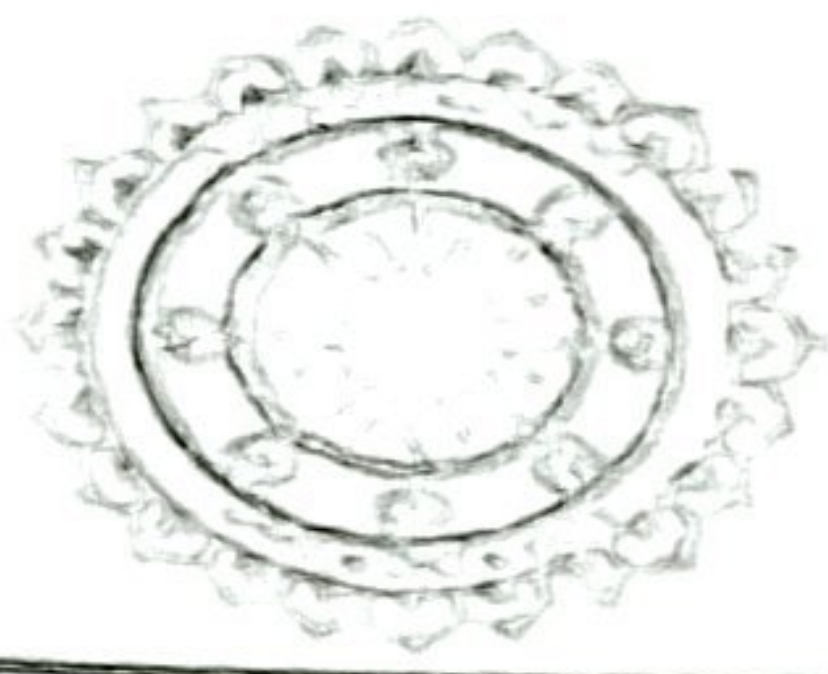
Signature of Coordinator

Course Co-ordinator  
Seva Bharati Mahavidyalaya  
Kappari, Jhargram

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## Schedule (Tentative)

Certificate Course On Badminton strategy : Elevate your game

Organized by Department of Physical Education

Academic Session:2022-2023

Sl. No.	Name of the Assigned teacher	Date	Time	L/T/P/A	Mode of teaching
1.	Dr. Neetu Dutta	05.11.2022 Saturday	02:00-04:30 PM	Lecture	Off line
2.	Anirudho Mallick	06.11.2022 Sunday	02:00-04:30 PM	Lecture	Online
3.	Dr.Mritunjoy Das	12.11.2022 Saturday	02:00-04:30 PM	Lecture	Off line
4.	Dr. Neetu Dutta	19.11.2022 Saturday	02:00-4:30 PM	Practical	Off line
5.	Anindya Bhoumik	26.11.2022 Saturday	02:00-04:30 PM	Lecture	Off line
6.	Anirudho Mallick	27.11.2022 Sunday	02:00-4:30 PM	Lecture	Online
7.	Dr. Neetu Dutta	03.12.2022 Saturday	02:00-4:30 PM	Practical	Off line
8.	Dr.Pradipto Kumar Giri	10.12.2022 Saturday	02:00-04:30 PM	Lecture	Off line
9.	Dr. Neetu Dutta	17.12.2022 Saturday	02:00-4:30 PM	Practical	Off line
10.	Dr.Mritunjoy Das	18.12.2022 Sunday	02:00-04:30 PM	Lecture	Off line
11.	Dr.Pradipto Kumar Giri	07.01.2023 Saturday	02:00-5:30 PM	Practical	Off line
12.	Dr.Mritunjoy Das	08.01.2023 Sunday	02:00-04:30 PM	Lecture	Off line
13.	Anirudho Mallick	14.01.2023 Saturday	02:00-05:30 PM	Practical	Online
14.	Anindo Bhoumik	04.02.2023 Saturday	02:00-04:30 PM	Lecture	Off line
15.	Dr. Neetu Dutta	05.02.2023 Sunday	06:00-8:30 PM	Tutorial	Online
16.	Dr. Neetu Dutta	11.02.2023 Saturday	02:00-4:30 PM	Assessment	Off line

[L=Lecture; T=Tutorial; P=Practical; & A=Assessment]



Signature of Coordinator

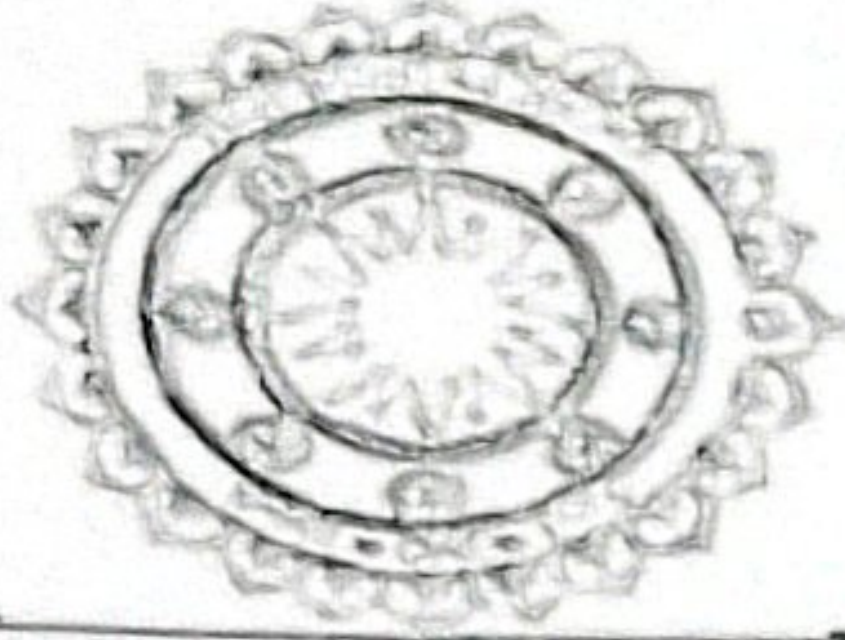
Course  
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Kopgari, Jhargram





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Kopgari, Jhargram



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## Certificate Course on "BADMINTON STRATEGEE: ELEVATE YOUR GAME"

Organised By

Department of Physical Education

Academic Session -2021-2022

Syllabus Distribution

Sl. No.	Name of resource persons	Syllabus
1.	1. Dr.Mritunjoy Das 2. Dr. Prasenjit Barman 3. Dr. AnindyaBhoumik	Introduction to Badminton Strategy <ul style="list-style-type: none"><li>Course Orientation and Objectives</li><li>Basic Rules and Fundamentals of Badminton</li><li>Importance of Strategy in Badminton</li></ul>
2.	1. Dr.Mritunjoy Das 2. Anirudho Mallik	Technical Skills and Advanced Techniques <ul style="list-style-type: none"><li>Footwork and Movement Patterns</li><li>Advanced Serving Techniques Smashes, Clears, and Drops</li><li>Net Play and Deceptive Shots</li></ul>
3.	1. Dr. Neetu Dutta 2. Dr.Pradipto Kr. Giri	Strategic Play and Game Analysis <ul style="list-style-type: none"><li>Singles Strategies: Offensive and Defensive</li><li>Doubles Strategies: Coordination and Communication</li><li>Analysing Opponents and Adapting Strategies</li><li>Mental Toughness and Game Psychology</li></ul>
4.	Dr. Neetu Dutta	Practical Application and Match Play <ul style="list-style-type: none"><li>Practice Matches and Strategy Implementation</li><li>In-depth Match Analysis and Feedback</li><li>Tournament Play and Tactics</li><li>Final Assessment and Strategy Review</li></ul>

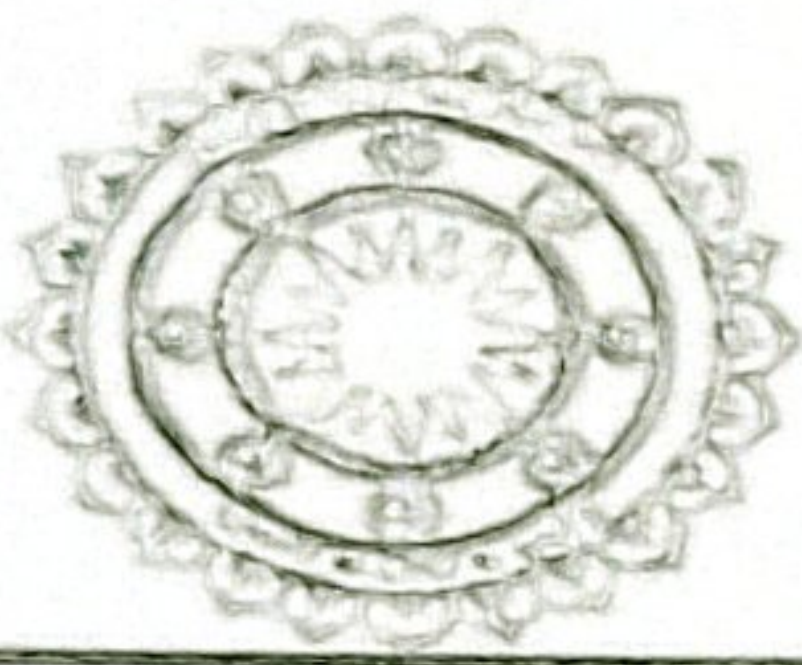
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## Certificate Course "Badminton Strategy: Elevate Your Game"

Organised by Department of Physical Education

Academic Session : 2022 – 2023

### The objective of the Course

The objective of the certificate course "Badminton Strategy: Elevate Your Game" is to equip participants with advanced knowledge and skills in strategic gameplay specific to badminton. Through this course, participants will:

1. **Master Strategic Thinking:** Learn to analyse opponents' weaknesses and strengths, and develop effective game plans to capitalize on opportunities.
2. **Enhance Tactical Abilities:** Gain insights into various tactical mastery, positioning techniques, and shot selection strategies tailored to different game situations.
3. **Improve Decision Making:** Develop the ability to make quick and informed decisions during gameplay, enhancing overall performance and adaptability on the court.
4. **Optimize Performance:** Understand how strategic planning can contribute to physical endurance, mental resilience, and consistency in gameplay.
5. **Apply Learnings Practically:** Engage in practical sessions and simulations to apply theoretical knowledge, reinforcing strategic thinking in real-time scenarios.
6. **Achieve Competitive Edge:** Equip participants with the skills necessary to elevate their competitive edge in both casual and competitive badminton settings.

By the end of the course, participants will be proficient in employing strategic frameworks that enhance their overall gameplay, enabling them to play badminton more effectively and with greater confidence.

### Syllabus For The Course Of "Badminton Strategy: Elevate Your Game"

Full Marks-50

Total Duration-40 Hours

#### Unit – 1: Introduction to Badminton Strategy

- o Course Orientation and Objectives
- o Basic Rules and Fundamentals of Badminton
- o Importance of Strategy in Badminton

#### Unit – 2: Technical Skills and Advanced Techniques

- o Footwork and Movement Patterns
- o Advanced Serving Techniques Smashes, Clears, and Drops
- o Net Play and Deceptive Shots

#### Unit – 3: Strategic Play and Game Analysis

- o Singles Strategies: Offensive and Defensive
- o Doubles Strategies: Coordination and Communication
- o Analysing Opponents and Adapting Strategies
- o Mental Toughness and Game Psychology

#### Unit – 4: Practical Application and Match Play

- o Practice Matches and Strategy Implementation
- o In-depth Match Analysis and Feedback
- o Tournament Play and Tactics

#### References:

Journal of Sports Sciences, vol. 25, no. 13, 2007, pp. 1543-1552. DOI: 10.1080/02640410601045927.

Choi, W., Lee, S., & Lee, K. (2012). "Performance analysis of winning and losing badminton players in different game segments." *International Journal of Performance Analysis in Sport*, 12(3), 491-501. DOI: 10.1080/24748668.2012.11868664.



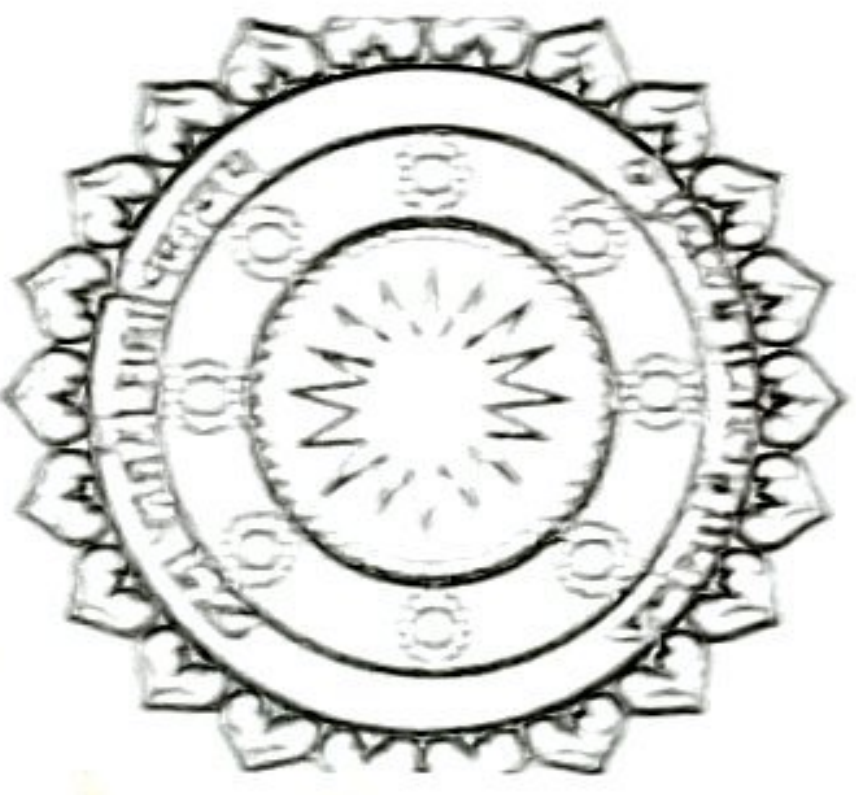
Signature of Coordinator  
Course Co-ordinator  
Seva Bharati Mahavidyalaya  
Kapgari, Jhargram





Signature of Principal  
Principal  
Seva Bharati Mahavidyalaya  
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P.O. - KAPGARI: P.S. - JAMBONI: DIST. - JHARGRAM (W.B.): PIN. - 721 505

## CERTIFICATE OF COMPLETION

THIS IS TO CERTIFY THAT MR. / MS. Labani Debnaram, A STUDENT  
OF B.P.ED 2022-2023, DEPARTMENT OF PHYSICAL EDUCATION, ROLL NO. S.B.M./B.P.ED/2021900032  
HAS SUCCESSFULLY COMPLETED THE 40 HRS DURATION, CERTIFICATE COURSE ON "BADMINTON STRATEGY; ELIVATE  
YOUR GAME" ORGANISED BY THE DEPARTMENT OF PHYSICAL EDUCATION, SEVA BHARATI MAHAVIDYALAYA FROM  
5TH NOVEMBER 2022 TO 11TH FEBRUARY 2023 WITH GRADE 'A'.

Neetu Datta

DR. NEETU DUTTA  
COURSE COORDINATOR

Seva Bharati Mahavidyalaya  
Jhargram, West Bengal



Deba Prasad Sahu

PROF. (DR.) DEBA PRASAD SAHU

PRINCIPAL

Seva Bharati Mahavidyalaya  
Jhargram, West Bengal

# REGISTER OF ATTEND.

For the month

2023  
3

Sl. No.	Roll No.	NAME OF STUDENTS	Sl. No. & dt. of Adm. (in the Adm. Reg)	ATTEND -																
				5-14-22	6-14-22	12-14-22	19-14-22	26-14-22	27-14-22	3-12-22	10-12-22	17-12-22	18-12-22	7-01-23	8-01-23	14-01-23	14-12-22	15-01-23	17	18
1.		Labani Hembam		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
2.		Laxmipriya Mahato		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
3.		Manojit Das		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
4.		Mangal dip Sahu		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
5.		Manosh Merdi		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
6.		Mira Barkey		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
7.		Monalisa Maity		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
8.		Moumita Mahato		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
9.		Mrinal Mahato		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
10.		Mritun Halder		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
11.		Nisha Oranga		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
12.		Pallabi Dinda		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
13.		Pampa Mondal		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
14.		Pinki Besha		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
15.		Prabir Pradhan		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
16.		Pradip Manda		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
17.		Priyanka Karmaker		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
18.		Rabhin Murmu		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
19.		Raj kumar Bharti		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
20.		Rajashri Hansda		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
21.		Raju Malick		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
22.		Rane Majee		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
23.		Ranjit Munda		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
24.		Rita Mudi		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
25.		Ruma Mahato		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
26.		Rupa Tewary		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
27.		Sahab Mux		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
28.		Sakro Soren		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
29.		Sampa Rani Samui		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		
30.		Sandip Mahato		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P		

No. Present Daily

No. Absent Daily